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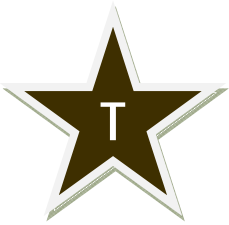
Interviewing Response Technique

For Success in Behavioural Job Interviews



SITUATION or TASK

Describe the situation that you were in or the task that you needed to accomplish. You must describe a specific event or situation, not a generalized description of what you have done in the past. Be sure to give enough detail for the interviewer to understand. This situation can be from a previous job, from a volunteer experience, or any relevant event.



ACTION YOU TOOK

Describe the action you took and be sure to keep the focus on you. Even if you are discussing a group project or effort, describe what you did – not the efforts of the team. Do NOT tell them what you might do, tell them what you did.



RESULTS YOU ACHIEVED

What happened? How did the event end? What did you accomplish? What did you learn?